

# Health and Wellbeing Board

**Thursday 7 January 2021**

## **PRESENT:**

Councillor Kate Taylor, in the Chair.

Councillor Laing, Vice Chair.

Councillors Allen and Nicholson.

Apologies for absence: Anna Coles (Service Director for Integrated Commissioning), Ann James (University Hospitals Plymouth NHS Trust) and Dr Adam Morris (Livewell SW).

Also in attendance: Ruth Harrell (Director of Public Health), Craig McArdle (Strategic Director for People), Dr Shelagh McCormick (NHS Devon CCG), Nick Pennell (Healthwatch, Devon, Plymouth and Torbay), Claire Hill (Deputy CEO Mannamead Wellbeing Hub), Gail Wilson and Abenaa Gyamfuah-Assibey (St Luke's) and Amelia Boulter (Democratic Advisor).

The meeting started at 10.00 am and finished at 11.55 am.

*Note: At a future meeting, the committee will consider the accuracy of these draft minutes, so they may be subject to change. Please check the minutes of that meeting to confirm whether these minutes have been amended.*

## 21. **Declarations of Interest**

In accordance with the code of conduct, the following declarations of interest were made.

Name	Subject	Reason	Interest
Councillor Allen	Minute 28 – Feedback from Mental Health Workshop.	Daughter a resident at Greenfields at Mount Gould.	Personal.

## 22. **Chairs urgent business**

There were no items of Chair's urgent business.

## 23. **Minutes**

Agreed that the minutes of 8 October 2020 were confirmed.

## 24. **Questions from the public**

There were no questions from members of the public.

## 25. **COVID-19 Health Protection Board Update**

Ruth Harrell (Director of Public Health) provided an update to the Board. It was reported that:

- the changes over the last month have been significant however the Plymouth picture was more positive than the rest of the country but were still seeing a higher rate of cases;
- the new variant causes very rapid increase in cases and more transmissible and reported that there have been no positive samples of the new variant in Plymouth;
- they would be monitoring the impact of the national lockdown on areas with the new variant;
- the hospital hub was focusing on the vaccinations for the over 80s and healthcare staff. There were 3 sites run by the primary care networks to work through the prioritisation list;
- conversations were taking place for more sites and was being led by NHS England;
- it was important for people to wait to be contacted for their vaccination.

Dr Shelagh McCormick added that they were off to a good start with the vaccination programme. Logistics were still being addressed and have in place for all 500 care home residents to be vaccinated by the end of January.

Questions from the Board related to:

- the vaccination programme and the need to have more dialogue on the best facilities to use within the city;
- Carers UK have raised that unpaid carers should be vaccinated as priority 6. A huge amount of calls received and how this system would be undertaken and shared with this cohort;
- whether there were appropriate systems in place at Derriford with regard to the vaccination programme.

The Board noted the COVID-19 Health Protection Board update.

## 26. **Update from Board Members**

The Chair invited Board Members to provide an update:

- Alison Botham (Strategic Director of Children's Services) reported that the schools response to the changes had been remarkable. Attendance rates for last term were above average and they were working with schools to understand virtual learning and now have a detailed picture of children being able to access learning at home. It was also reported that schools were in the process for ensuring vulnerable and critical workers children were attending school. Children's Social Care had seen an increase in demand with 490 children in care and have seen a steady increase in vulnerable children requiring services.

- Claire Hill (Deputy CEO Mannamead Wellbeing Hub) reported that the voluntary and community sector were running to regulations and raised that the biggest issue for service users was anxiety and worry with regard to lockdown.
- Ruth Harrell (Director of Public Health) reported that the rates were low compared to other areas and this was down to people of Plymouth. This was an incredibly difficult time and would take a while before we were through this fully.
- Nick Pennell (Healthwatch Devon, Plymouth and Torbay) reported that this was a challenging time for Healthwatch. They have looked at new ways to engage with people, however, feedback was significantly lower. They now produce quarterly themed reports which include people's experience of primary care services and were reviewing the public's concerns around NHS dentists. They were also revising the local forum and asked for expressions of interest from this group to participate in this new forum.
- Craig McArdle (Strategic Director for People) reported that they were in the response mode and supporting care homes. Day centres to remain open and shielding programme had been stood back up and running. The urgent care system very busy and supporting discharging from hospital.

## 27. **Compassionate Cities**

Gail Wilson and Abenaa Gyamfuah-Assibey (St Luke's) provided a presentation to the Board on Compassionate Cities: It was reported that -

- End of life care everyone's responsibility;
- Referral increasing;
- Seeing late presentations with patients dying sooner;
- Patients sicker and with more complex needs;
- Covid bereavement line has been set up;
- Covid has left the hospice struggling financially which has resulted in the transformation of their services;
- Now need more than ever the support from the community;
- 697 compassionate friends and 436 within Plymouth;
- Compassionate schools: -
  - 8 schools on the programme
  - 238 school staff trained as compassionate friends
  - 360 pupils trained as compassionate buddies
  - 25 compassionate champions trained
  - 25 schools within the most deprived areas of Plymouth waiting to be trained
  - Seeking funding from the University for a Schools Programme Coordinator
- Outcomes
  - Staff and pupils felt more confident
  - Impact on children

- Objective 2 – working with 13 organisations
- Compassionate cafes - 8 across the city  
Compassionate communities during COVID with 33 compassionate patient networks.

Questions related to:

- How many GPs, opticians, pharmacies, dental practices aware of Compassionate Cities and links with these organisations?
- Access to youth centres?

The Chair thanked Gail and Abs for the presentation and would take back the point the communications team to share the Compassionate Cities work.

The board noted the Compassionate Cities update.

## 28. **Feedback from Mental Health Workshop**

Ruth Harrell (Director of Public Health) provided feedback from the Mental Health Workshop. It was reported that they had gathered the themes from the workshop and worked with colleagues to identify a lead officer for each of the themes.

- Theme 1 – formal and informal services and looking at the provision, the gaps, demands from Covid and how services should be delivered.
- Theme 2 – communications and ensuring people were aware of these services. Access to self-help for short term support rather than a more formal support structure. The work of the HWB Hubs and the fantastic work in getting the messages out. POD used and pushing social media around self-help. Promoting the campaign be kind.
- Support for carers and supporting their wellbeing.

## 29. **Work Programme**

The Board noted the work programme and agreed that the following items added to the March agenda -

- Community mental framework
- Vaccination rollout programme within the community
- Trauma Informed
- Dental Health